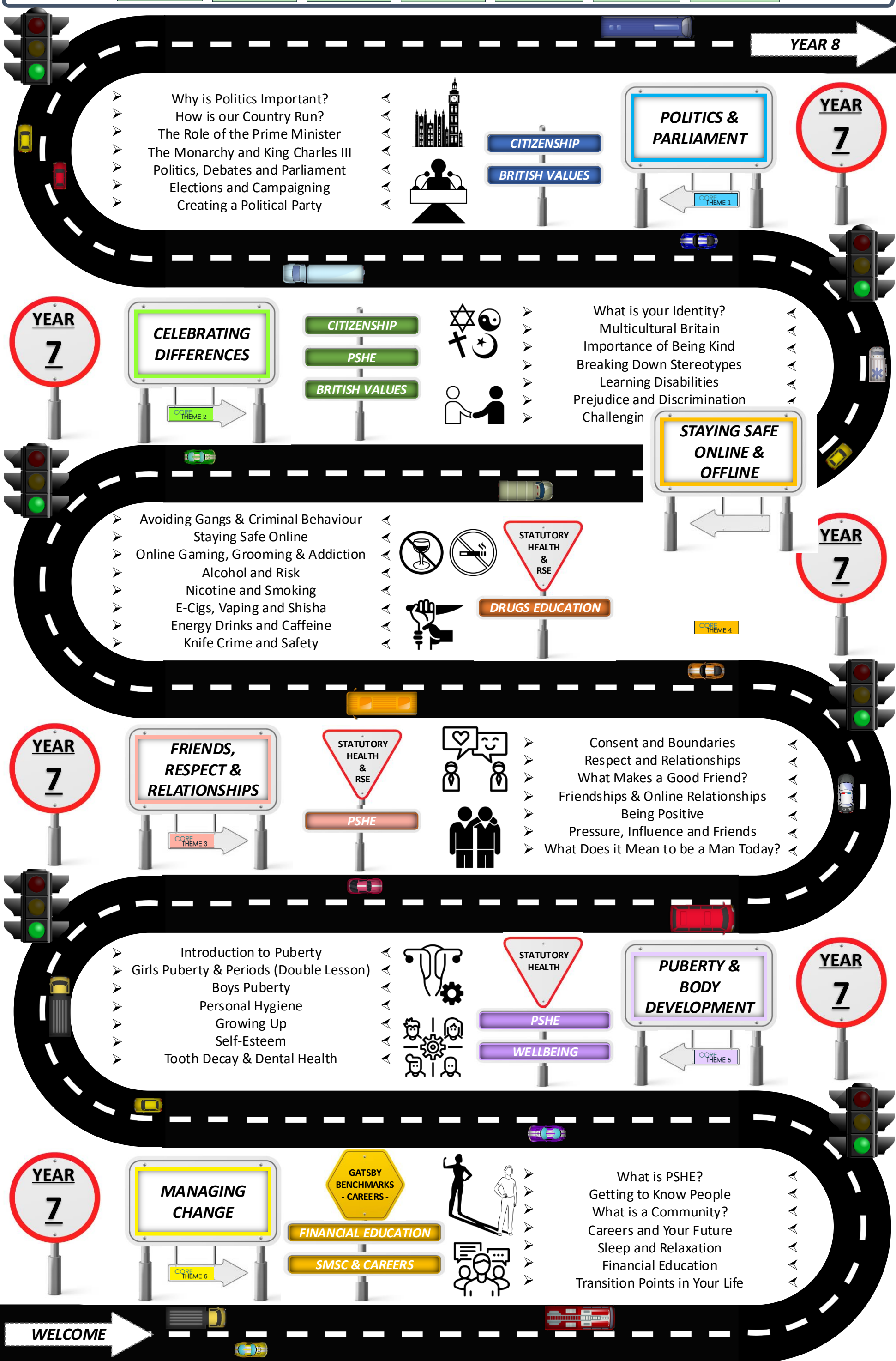


SKILLS DEVELOPED **TEAMWORK & LEADERSHIP** **PUBLIC SPEAKING** **PROBLEM SOLVING** **CREATIVITY & INNOVATION** **DECISION MAKING** **RESILIENCE & STAYING POSITIVE** **PLANNING & ORGANISATION** SKILLS DEVELOPED



**RSE COMPLIANT**

**HEALTH COMPLIANT**

**GATSBY BENCHMARKS**

**SPIRAL THEMATIC APPROACH**

- 1) Rights, Responsibilities & British Values
- 2) Celebrating Diversity & Equality
- 3) Relationships and Sex Education
- 4) Staying Safe Online and Offline
- 5) Health and Wellbeing
- 6) Life Beyond School

**PERSONAL DEVELOPMENT**

**ASSESSMENT & PROGRESS IN PSHE**

- ✓ Themed Projects,
- ✓ Confidence Checkers
- ✓ PSHE App
- ✓ End of Unit Quizzes
- ✓ Graduation Portfolios

SKILLS DEVELOPED **TEAMWORK & LEADERSHIP** **PUBLIC SPEAKING** **PROBLEM SOLVING** **CREATIVITY & INNOVATION** **DECISION MAKING** **RESILIENCE & STAYING POSITIVE** **PLANNING & ORGANISATION** SKILLS DEVELOPED

YEAR 9

Desert Island - Living  
Desert Island - Building a Community  
Desert Island - Making Decisions  
Desert Island - Criminals Law & Society  
How are Laws Made?  
Prisons, Reform & Punishment



**CITIZENSHIP**  
**BRITISH VALUES**

**LAW, CRIME & SOCIETY**

YEAR 8

CORE THEME 1

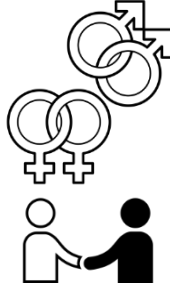
YEAR 8

**EQUALITY & DIVERSITY EXPLORED**

**CITIZENSHIP**

**PSHE**

**EQUALITY**



Equality Act 2010  
LGBTQ+ What is it?  
LGBTQ+ Rights Across the World  
Gender Equality  
Ableism and Disability Discrimination  
Removing the Barriers, Equality for All  
Racism & Discrimination in Society

CORE THEME 2

County Lines – What is It?  
County Lines – Who is at Risk?  
Substance Misuse  
Cyberbullying  
Online Grooming  
Alcohol Safety  
Child Exploitation & Online Protection



**STATUTORY HEALTH & RSE**

**DRUGS EDUCATION**

**GANGS**

**DANGEROUS SOCIETY ONLINE & OFFLINE**

YEAR 8

CORE THEME 4

YEAR 8

**IDENTITY, RELATIONSHIPS & SEX EDUCATION**

**STATUTORY HEALTH & RSE**

**PSHE**



Relationships and Sex Education  
Being Yourself & Self-Love  
Healthy Respectful Relationships  
What is Love?  
Dealing with Conflict  
Periods and Menstrual Cycle  
Introduction to Contraception  
Sexual Orientation

CORE THEME 3

Health and Wellbeing  
What is Mental Health?  
Positive Body Image  
Child Abuse  
Types of Bullying  
Healthy Eating and Cholesterol  
Stress Management



**STATUTORY HEALTH**

**PSHE**

**WELLBEING**

**PHYSICAL HEALTH & MENTAL WELLBEING**

YEAR 8

CORE THEME 5

YEAR 8

**PROUD TO BE ME!**

**GATSBY BENCHMARKS - CAREERS -**

**SMSC**

**CAREERS**



Employability & Enterprise Skills  
Proud to be Me  
Careers and Aspirations  
Self-Esteem and the Media  
The Importance of Happiness  
What Makes Me Angry?  
Exploring Careers

CORE THEME 6

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

GATSBY BENCHMARKS

### SPIRAL THEMATIC APPROACH

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### PERSONAL DEVELOPMENT

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YEAR 10

Conspiracies Theories & Narratives  
Forms of Extremism  
What is Terrorism?  
War & Conflict  
The Radicalisation Process  
How Does Counter Terrorism Work?  
Antisemitism in the UK



**CITIZENSHIP**  
**PREVENT**

**COMBATTING EXTREMISM & TERRORISM**

CORE THEME 1

YEAR 9

YEAR 9

**CONTRACEPTION & STIS**

CORE THEME 3

STATUTORY HEALTH & RSE

PSHE



What are STIs?  
Treating STIs and the Clinic  
Contraception Explored  
Contraception - Condoms  
Contraception Explored Further  
HIV and AIDS  
HIV and AIDS Prejudice and Discrimination

YEAR 9

What is a Drug?  
Different Types of Addictions  
Cannabis Products  
Drug Classifications  
Party Drugs & Illegal Drugs  
The War on Drugs  
Volatile Substance Abuse



STATUTORY HEALTH

DRUGS EDUCATION

**LEGAL & ILLEGAL DRUGS**

CORE THEME 4

YEAR 9

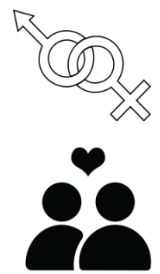
YEAR 9

**SEX, THE LAW & CONSENT**

CORE THEME 3

STATUTORY HEALTH & RSE

PSHE



Sexual Consent and the Law  
FGM and the Law  
Relationships and Partners  
Domestic Abuse and Domestic Violence  
Why Have Sex?  
Delaying Sexual Activity  
Sexual Harassment and Stalking

YEAR 9

How Self-Esteem Changes  
What is a Penis?  
What is a Vulva?  
Bullying in all its forms  
Dealing with Grief and Loss  
Media and Airbrushing  
Cancer Prevention and Healthy Lifestyles



STATUTORY HEALTH

PSHE

WELLBEING

**BODY CONFIDENCE**

CORE THEME 5

YEAR 9

YEAR 9

**ESSENTIAL LIFE SKILLS**

CORE THEME 6

GATSBY BENCHMARKS - CAREERS -

FINANCE

ENTERPRISE & CAREERS



From Failure to Success  
Assertiveness  
First Aid  
Saving and Managing Money  
Labour Market Information  
Finance, Budgeting and Employment  
Social Media & Online Stress

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

GATSBY BENCHMARKS

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YEAR 11

- Critical Thinking & Fake News
- Hate Crime in the UK
- British Values and Identity
- Mutual Respect & Tolerance
- Individual Liberty
- What are Human Rights?
- Democracy Explored



**CITIZENSHIP**  
**BRITISH VALUES**

**EXPLORING BRITISH VALUES**

**YEAR 10**

CORE THEME 1

**YEAR 10**

**EXPLORING WORLD ISSUES**

**CITIZENSHIP**

**PSHE**

**HUMAN RIGHTS**



- International Organisations
- Peace, War & Conflict
- Human Rights During War
- Aid & Supporting Other Countries
- Striking & Trade Unionism
- Women's Rights & Equality
- Fair Trade & Free Trade

CORE THEME 2

- Honour Based Violence
- Forced Marriages and Breast Ironing
- Online Gaming & Gambling
- Social Media Validation
- Modern-Day Slavery
- Keeping Your Data Safe
- Causes of Knife Crime



**STATUTORY HEALTH**

**RISK**

**VIOLENCE, CRIMES & SEEKING SAFETY**

**YEAR 10**

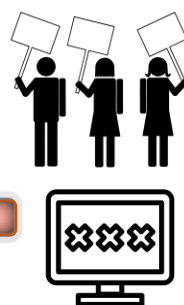
CORE THEME 4

**YEAR 10**

**EXPLORING RELATIONSHIPS & SEX EDUCATION**

**STATUTORY HEALTH & RSE**

**PSHE**



- Pleasure and Delaying Sexual Activity
- Campaigning Against FGM
- Sexting, Nudes and Dick Pics
- Online Pornography (Myths vs Reality)
- Porn and its Impact on Society
- Unhealthy Relationships & Sexual Assault
- Sexualisation of the Media

CORE THEME 3

- Child Sexual Abuse
- Screen Time
- Mental Health Illnesses
- Self-Harm
- Suicidal (Thoughts and Feelings)
- Promoting Emotional Wellbeing



**STATUTORY HEALTH**

**PSHE**

**WELLBEING**

**MENTAL HEALTH & WELLBEING**

**YEAR 10**

CORE THEME 5

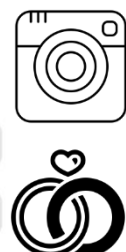
**YEAR 10**

**RIGHTS AND RESPONSIBILITIES**

**Life Beyond School**

**FINANCIAL EDUCATION**

**CITIZENSHIP**



- Instagram & TikTok Generation
- Targeted Advertising and Your Data
- What is Marriage?
- Rights and Responsibilities
- Consumer Rights
- Employment Rights
- Exploring a Pay Check

CORE THEME 6

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

GATSBY BENCHMARKS

**SPIRAL THEMATIC APPROACH**

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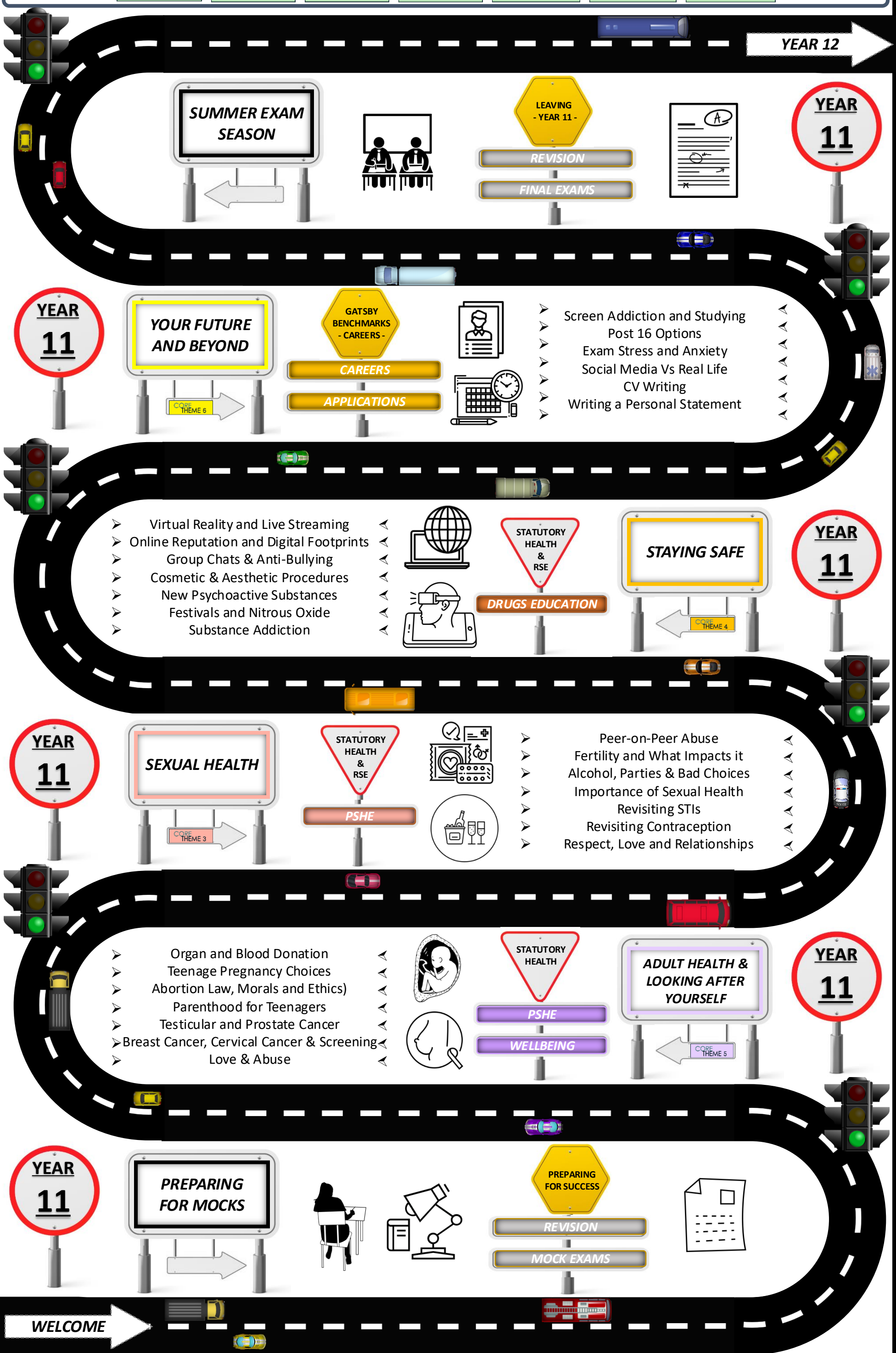
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